



# COURSE CATALOG

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## CHANGING DEMENTIA CARE AROUND THE GLOBE



THE COPPER RIDGE INSTITUTE  
710 OBRECHT ROAD  
SYKESVILLE, MD 21784  
410-795-8808  
[WWW.CRINSTITUTE.ORG](http://WWW.CRINSTITUTE.ORG)

## **ABOUT OUR EDUCATION PROGRAMS**

The Copper Ridge Institute is in the forefront of scientific research related to care for, and treatment of, those with Alzheimer's disease and related memory-impairing conditions. What make CRI unique is that it takes the cumulative scientific knowledge from its research and that of others and applies it to the creation of educational and training programs for physicians and non-physician healthcare providers who are working daily on the frontlines of this disease. This link between research and training puts the most up-to-date information into the hands of those who work with persons suffering from memory impairment — including spouses, adult children, nurses, doctors and assisted living staff — and contributes greatly to improving the quality of care of patients and the quality of life of all concerned.

## **ABOUT OUR FACULTY**

The Faculty of the Copper Ridge Institute is a rich, diverse group of experts including world renowned educators and physicians. All our committed to provide the highest level of education, backed by the most current research and best of care practices, to help caregivers maximize the quality of life for individuals suffering from dementing diseases.

All of our education programs are held in a comfortable, handicap accessible facility in Sykesville, Maryland. All necessary materials are provided. Most programs can also be provided off site. **Please contact us with questions, or for more information on any of the programs listed in this catalog.**

**410-795-8808**

**[CRIEducation@emaseniorcare.org](mailto:CRIEducation@emaseniorcare.org)**

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## **CORE FACULTY**

### **Allan A. Anderson, MD**

Medical Director, Samuel and Alexia Bratton Memory Clinic, William Hill Manor; Assistant Professor of Psychiatry & Behavioral Sciences, the Johns Hopkins University School of Medicine

### **Alva S. Baker, MD, CMD**

Director, The Center for the Study of Aging, McDaniel College

### **Jason Brandt, PhD, ABPP(CN)**

Director, The Copper Ridge Institute; Professor of Psychiatry & Behavioral Sciences, Professor of Neurology, Director of the Division of Medical Psychology, The Johns Hopkins University School of Medicine

### **Cynthia D. Steele, RN, MPH**

Millicent Radlick Nurse Scholar, The Copper Ridge Institute; Assistant Professor of Psychiatry & Behavioral Sciences, The Johns Hopkins University School of Medicine

### **Mary DiBartolo, PhD, RN-BC**

Requard Nurse Educator, The Copper Ridge Institute; Associate Professor of Nursing, Salisbury University

## **AFFILIATE FACULTY**

### **Cindy Fields, MD**

Director of Neuropsychiatry, Copper Ridge

### **Naomi Griffin, RN, BSN**

Director, Copper Ridge Outpatient Assessment Clinic

### **Marcie L. Koenig, NHA, MSW, LCSW-C**

Executive Director, Copper Ridge

### **Nicholas A. Kozauer, MD**

Medical Officer, Division of Neurology Products, US Food and Drug Administration

### **Wanda Murray-Goldschmidt, RN, BSN, MA**

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### **Martin Steinberg, MD**

Assistant Professor of Psychiatry & Behavioral Sciences, the Johns Hopkins University School of Medicine

### **Thea Ann Uhlig-Ruff, RN, MGA**

Quality Improvement Coordinator, Jewish Social Services Agency Hospice

### **Stephen M. Vozzella, BA, ACC**

Director of Activities and Volunteer Services, Copper Ridge

### **Bonnie Wilson, LCSW-C**

Director of Social Work, Copper Ridge

<b>Course</b>	<b>Number</b>	<b>Length</b>	<b>Page</b>
<b>Dementia Orientation</b>	101	8 hours	6
<b>Dementia Care Certification Course</b>	102	8 video modules	6
<b>Back to Basics</b>	103	2 hours	7
<b>Managing Challenging Behaviors</b>	104	4 hours	7
<b>Handle with Care: Prevention and Management of Aggression</b>	105	4 hours	8
<b>Nutritional Needs of Persons with Dementia</b>	106	3 hours	8
<b>End of Life Care for Dementia Patients</b>	107	4 hours	9
<b>Activity Programming Part 1</b>	201	3 hours	9
<b>Activity Programming Part 2</b>	202	3 hours	10
<b>Activity Programming Practicum</b>	203	1 hour	10

<b>Course</b>	<b>Number</b>	<b>Length</b>	<b>Page</b>
<b>Counseling the Family of the Dementia Patient</b>	302	5 hours	11
<b>Clinical Neuropsychology of Dementia</b>	401	6 hours	12
<b>Topics in the Neuropsychology of Dementia</b>	402	1 hour each	12
<b>Psychiatric Care for Patients with Dementia in Long-Term Care Environments</b>	403	4 Hours	13
<b>General Medical Care of Persons with Dementia</b>	501	3 hours	13
<b>Dementia Development</b>	502	8 hours	14
<b>Extended Practicum in Dementia Care</b>	601	40-50 hours	14
<b>Dementia Care Grand Rounds</b>	602	1 hour	15
<b>Mildred Baron sponsored Advanced Training in Dementia Care</b>	603	40 hours	15
<b>Journal Club</b>	701	1 hour	16
<b>Clinical Care Rounds</b>	702	1 hour	16

**Course # 101**  
***Dementia Orientation: Mental Illness and Cognitive Impairment***

This eight-hour course introduces the learner to mental illness and cognitive impairment, including memory impairing illnesses. Topics include: Normal aging vs. dementia, best care practices, and managing challenging behaviors.

**Length:** 8 hours  
**Intended Audience**  
All professionals

***CRI is approved to offer both courses on this page as the Maryland State required eight-hour mental illness and cognitive impairment training for employees in assisted living.***

**Course #102**  
***Dementia Care Certification Course—DVD***

Ideal for training and orientation at long-term care facilities or educational institutions, this program clarifies what dementia is, how it differs from normal aging, and the types and causes of dementia. The program provides an overview of common behavioral problems associated with dementia and presents strategies and approaches for dealing with these problems. Finally, the program offers insight into why people with dementia may behave in erratic ways, and affirms these patients' humanistic value despite such challenging behavior.

Available for purchase  
at: [www.lww.com](http://www.lww.com)

**Length:** 9 Modules  
**Intended Audience**  
All professionals

**Course # 103**  
***Back to Basics***

This course will review the basic symptoms of dementia and will describe methods of providing effective daily care.



**Length:** 2 hours  
**Intended Audience**  
All Professionals

**Course # 104**  
***Managing Challenging Behaviors in Dementia***

This course is designed to provide necessary knowledge and skills for successful management of behavior problems in persons with dementia. The learner will recognize the risk factors or “triggers” that contribute to behavior problems and be able to address such problems in a detailed behavior plan.

**Length:** 4 hours  
**Intended Audience**  
All Professionals

**Course # 105**  
***Handle with Care: Prevention and Management of Aggression***

This course will review the risk factors for escalation of behaviors of dementia patients. Specific techniques to de-escalate patients will be taught and practices demonstrated.

**Length:** 3 hours  
**Intended Audience**  
All professionals

**Course #106**  
***Nutritional Needs of the Person with Dementia***

This course is designed to provide dietitians and nurses who work with dementia patients in both nursing homes and the community, the knowledge and skills needed to provide effective nutritional support for persons with dementia.

**Length:** 4 hours  
**Intended Audience**  
Dietitians, Dietary  
Staff, and Nursing  
Professionals

**Course #107**

***End of Life Care for Persons with Dementia***

This course addresses the specific challenges faced while caring for a patient with end-stage Alzheimer's disease or another memory impairing illness. Topics include best care practices during the terminal phase, skin care, family wishes, nutrition, oral care, bowel care, recognizing pain, and supporting the family.

**Length:** 4 hours  
**Intended Audience**  
All professionals:  
especially nursing  
and hospice  
professionals

**Course #201**

***Activity Programming for Persons with Dementia  
Part 1***

This course will provide the participants with the opportunity to develop or improve knowledge and skills necessary for a successful activity program for persons with dementia.



**Length:** 8 hours  
**Intended Audience**  
All professionals

**Course #202**  
***Activity Programming for Persons with Dementia***  
***Part 2***

This course will provide participants with the opportunity to expand their knowledge of activities that are successful for people with dementia. The course will also discuss the importance of having an organized documentation system. Participants will learn, and practice how, to evaluate an activity calendar .

**Length:** 3 hours  
**Intended Audience**  
Activity Professionals and  
Nursing Professionals

**Course #203**  
***Activity Programming for Persons with Dementia***  
***Part 3***

This course will offer participants the opportunity to lead a group activity for people with dementia and receive feedback from the instructor.

**Length:** 1 hour  
**Intended Audience**  
Activity Professionals and  
Nursing Professionals

**Course #301**  
***Effective Social Work Management of Dementia Patients and Their Families***

This course is designed to provide Social Workers who work with dementia patients, both in the nursing home and community environments, the knowledge and skills needed to conduct effective social work assessments and case management.



**Length:** 3 hours  
**Intended Audience**  
Social Workers and  
Case Managers

**Course #302**  
***Counseling the Family of the Dementia Patient***

This course will provide the participant with the opportunity to develop or improve knowledge and skills necessary for successful work with dementia patients and families.

**Length:** 3 hours  
**Intended Audience**  
Social Workers, Case  
Managers, and Nursing  
Professionals

**Course #401**

***Clinical Neuropsychology of Dementia***

Participants will learn the neuropsychological approaches to the detection of dementia, differentiation of dementia syndromes, and assessing patient's strengths and deficits.

**Length:** 6 hours  
**Intended Audience**  
Psychologists

**Course #402**

***Topics in the Neuropsychology of Dementia***

*One hour presentations on one of the following topics:*

- Neuropsychological Assessment in Mild Cognitive Impairment
- Screening for Dementia
- Detection and Differentiation of Dementia Syndromes
- Advances in Alzheimer's disease and Mild Cognitive Impairment
- Neuropsychology of Huntington's Disease and Those At-Risk
- Neuropsychology of Parkinson's Disease and its Treatment
- Neuropsychology of Epilepsy and Its Surgical Management
- Varieties of Memory Disorder
- Retrograde Amnesia and the Assessment of Remote Memory
- Language and Communication in Dementia
- What are Executive Functions and Do the Frontal Lobes Do Them?
- Historical Introduction to Ethics in Clinical Research
- Eponymous Neurobehavioral Syndromes

**Length:** 1 hour each  
**Intended Audience**  
All Professionals

**Course #403**  
***Psychiatric Care for Patients with Dementia in Long-Term Care Environments***

This course will provide participants with the opportunity to develop or improve knowledge and skills necessary for successful evaluation and treatment for dementia in the assisted living and nursing home population. Topics include: The epidemiology and causes of dementia, understanding the treatment of dementia, evaluation, diagnosis, and differential diagnosis of dementia, special issues regarding care of patients with dementia in assisted living and nursing homes.

**Length:** 4 hours  
**Intended Audience**  
Medical Directors, Physicians,  
Psychiatrists, and Psychologists

**Course #501**  
***General Medical Care of Persons with Dementia***

Frequently, the medical care needs of the person with dementia become sidelined due to the focus on the person's cognitive impairment and accompanying issues. This session delineates the benefits of continuing to optimize the person's medical health and presents a paradigm for holistic health support for the person with advancing dementia.



**Length:** 2 hours  
**Intended Audience**  
Medical Directors and  
Physicians

**Course #502**  
***Dementia Development***

This course is designed to prepare licensed nurses and other professionals in the advance assessment and management of persons with dementia. Topics include: Dementia vs. delirium, cortical vs. subcortical dementia syndromes, preparing and documenting a neuropsychiatric history, effective use of rating scales, and conducting and documenting a mental status exam.

**Length:** 8 hours  
**Intended Audience**  
Licensed Professionals

**Course #601**  
***Extended Practicum in Dementia Care***

This course offers outside organizations the opportunity to receive 8 hours of classroom education, as well as 32 additional hours of hands-on training to assist staff in implementing best care practices. This program takes place at the requestor's location, and involves the following:

1. 8 hours of classroom training, "Dementia Orientation"
2. 32 hours of follow up site visits to assist staff in implementing classroom learning

**Length:** 40 hours  
**Intended Audience**  
Professionals in Long  
Term Care

**Course #602**

***Dementia Care Grand Rounds***

Each year, from September through June, we hold Dementia Care Grand Rounds at Copper Ridge. We invite an expert in the field of aging and dementia care to present from 11:00-12:00PM, the first Wednesday of the month. For a full schedule of this year's speakers, please see our website: [www.crinstitute.org](http://www.crinstitute.org)



**Course #603**

***Advanced Training in Dementia Care***

Made possible through a generous donation from the Mildred Baron family, this course is an intensive, week-long, 40 hour program that is offered annually during the first full week of October. Speakers include faculty from the Copper Ridge Institute, Copper Ridge, and the Johns Hopkins University School of Medicine. One all-expenses paid scholarship is awarded each year. Space is limited to 12 participants. For more information on the program, the scholarship, or to register, please visit: [www.crinstitute.org](http://www.crinstitute.org)

**Length:** 40 hours  
**Intended Audience**  
All Professionals



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